



THE PINCHOS

Enjoy our interpretation of bar snacks made popular in the Basque Country of Spain - featuring breads topped with a variety of ingredients and held together by a pincho (Spanish for "spike").

We have created our own selection, drawing from our global experiences and rotate them on a seasonal basis.

Intervals Signature Pinchos

(A selection of 6 available on rotation)

The HK Prawn Toast
Prawn Toast, XO Mayo

\$52

The Classic
Pata Negra Ham, Manchego

\$52

The Balls
Turkey Meatballs, Tomato Rougail, Pickled Jalapeno

\$52

The Beer Hall
Chorizo, Sweet Mustard, Sauerkraut

\$52

Prices are per piece. We recommend a set of 3 Pinchos per person!
Please let our team know should you have any special dietary requirements

All prices are subject to 10% service charge



Intervals Signature Pinchos

(A selection of 6 available on rotation)

The Nordic \$55
House Gravlax, Dill Crème, Lemon

The Smash (V) \$48
Avocado Smash with Chickpea Mix, Quail Egg, Micro Greens

The Bam (V) \$48
Caramelised Banana, Peanut Butter, Waffle

The Pita (V) \$48
Pea and Mint Falafel, Tzatziki, Tahini

The Picnic (V) \$48
Fresh Fig, Goat Cheese, Honeycomb, Pistachios

The Crudité (V) \$48
Mini Ratatouille, Homemade tomato Jam, Olive Oil Pearls

Prices are per piece. We recommend a set of 3 Pinchos per person!
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All prices are subject to 10% service charge



BREAKFAST

(Available until 11am)

Smoked Scottish Salmon Eggs Benedict	\$168
Intervals All Day Breakfast	\$188
Smashed Avocado Toast with Poached Egg (V)	\$148
Classic French Toast (V)	\$108

MAINS

(Available 11am until close)

Soup of the Day <i>served with artisanal bread</i>	\$78
Intervals Cobb Salad <i>can be tailored to be vegetarian</i>	\$158
Classic Caesar Salad <i>Iberico ham + \$40</i> <i>Smoked Salmon + \$40</i>	\$128
Lobster & Prawn Spaghetti	\$248
Omni Beef Burger (V) <i>Served with Sweet Potato Fries</i>	\$168

All prices are subject to 10% service charge



INTERVALS TAPAS

(Available 11am until close)

Mini Classic Lobster Roll (2pcs) \$188
'Royal Caviar Club' Imperial Ossetra (12g) + \$180

Roasted Bone Marrow with Sea Salt / Salsa Verde \$188
'Royal Caviar Club' imperial Ossetra (12g) + \$180

Charcuterie Platter with Homemade Pickles \$188

Marinated Octopus with Smoked Paprika \$108

Chicken Fajita Quesadilla \$108
can be tailored to be vegetarian

Grilled Chorizo & Spicy Tomato Rougail \$108

Parmesan & Mushroom Arancini (4pcs)(V) \$108

All prices are subject to 10% service charge



BAR SNACKS

Mini Nacho Supreme (V)	\$68
Roasted Mixed Nuts (curried/cajun/sea salt) (V)	\$58
Marinated Olives & Feta with Homemade Pickles (V)	\$58

DESSERT

Ice Cream of the Day	
<i>Single Scoop</i>	\$68
<i>Double Scoop</i>	\$88
Butterscotch & Mascarpone Cheesecake / Smoked Sea Salt	\$88

All prices are subject to 10% service charge



INTERVALS TO-GO

*Take the signature Intervals experience with you on your journey!
Our packaging fits perfectly on tray tables in-flight.*

Selection of 4 Signature Pinchos

+

Coffee

(+\$15 to upgrade to Mocha / Latte)

OR

Tea

(+\$15 to upgrade to Plantation Tea)

OR

Canned Cocktail + \$30

\$168

0% service charge

Takeaway Canned Cocktails

\$48

Yuzu Gin

Juniper berry heavy London Dry Gin accompanied by a bright and zesty yuzu peel for a complex and bitter citrusy character.

ABV: 7.0%

Salted Lime Highball

Inspired by a classic Hong Kong diner drink and made simply with salt-cured lime, cane sugar and organic vodka.

This crushable highball has uplifting sourness and nourishing minerality.

ABV: 7.0%

Mala Mule

Buzzing with fragrant and numbing Málà spices from Sichuan, this highball is an amped up Mule with fresh ginger, and lime with organic vodka.

ABV: 8.0%



BEVERAGES

COFFEE

SOFT DRINKS

TEA

BEER

WINE

COCKTAILS

INTERVALS



COFFEE

Available both hot or iced

Caffe Americano	\$48
Latte / Cappuccino / Mocha	\$54
Espresso	\$42
Double Espresso	\$48

SOFT DRINKS

Coca Cola	\$48
Coke Zero	\$48
Sprite	\$48
Orange Juice	\$68
Apple Juice	\$68
Still Water (750ml)	\$78
Sparkling Water (750ml)	\$78

All prices are subject to 10% service charge



TEA

We feature teas curated by Plantation, a local Hong Kong tea bar best known for their leaves sourced directly from the makers at origin

Yuchi, Nantou, Taiwan

Osmanthus Oolong \$98

Notes of osmanthus, star fruit

Made by a women-led organic farm, this creamy oolong was infused with osmanthus flowers

Menghai, Yunnan, China

Rice Scent Aged Puerh \$88

Notes of earthiness, congee, pandan

Fermented tea fossils are steamed with a 'sweet rice leaf' plant for a comforting congee aroma

Germany / China

Camomile Reverie \$78

Notes of chamomile, chrysanthemum, apple pie

This bouquet of flowers yields a deep, sweet tisane that keeps you calm and helps you sleep

Sri Lanka / Taiwan / Mainland China

Plantation Breakfast \$68

Notes of malt, smoke, and red fruit

An interpretation of the classic breakfast tea blend with a malty base from Sri Lankan Ceylon, smokiness from the Chinese Keemun, and bright fruit from Taiwanese Red Jade

All prices are subject to 10% service charge



BEER

More local beers coming soon

Hong Kong

Young Masters Ale (draft)

\$88

Italy

Peroni Nastro Azzurro 5.1% ABV.

\$58

WINE

More wines coming soon

Australia

**Torbreck Old Vines Grenache
Mourvèdre Shiraz 2019**

\$128
by Glass

France

**Louis Latour Grande Ardèche
Chardonnay 2020**

\$118
by Glass

France

Chateau Minuty M Rosé

\$108
by Glass

Italy

Valdobbiadene Prosecco 2021

\$108
by Glass

France

**Veuve Clicquot Brut Yellow Label
Champagne**

\$168
by Glass

All prices are subject to 10% service charge



INTERVALS CLASSIC COCKTAILS

For those looking to stay on the classic side of drinks, here are our very own Intervals takes on some international favourites. Ask our bartenders for our specs!

While we sort them by intervals of time, they are available all day long. We know whatever time zone you are about to fly to may not correlate to the one you are in right now!

Good Morning

Bellini \$158

Bloody Mary \$138

Garibaldi \$138

Afternoon Delight

Intervals Collins \$128

Margarita \$138

Dark & Stormy \$128

Night Cap

Godfather \$148

Manhattan \$148

Old Fashioned \$148

Anytime is a Good Time

Intervals Martini \$158

Negroni \$138

Whisky Sour \$148

Just Because We're in an Airport

Aviation \$148

Paper Plane \$148

All prices are subject to 10% service charge